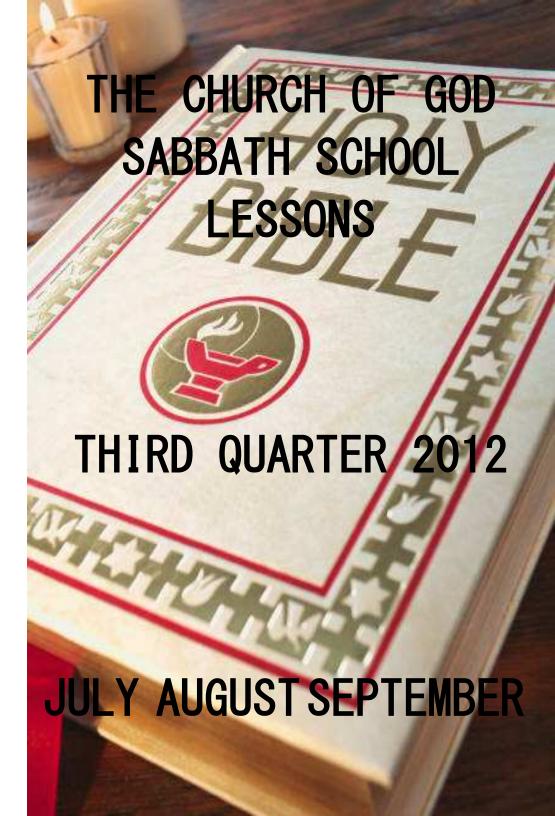


### The Ten Commandments

- I. Thou shalt have no other gods before Me.
- II. Thou shalt not make unto thee any graven image, or any likeness of anything that is in heaven above, or that is in the earth beneath, or that is in the water under the earth: Thou shalt not bow down thyself to them, nor serve them: for I the Lord thy God am a jealous God visiting the iniquity of the fathers upon the children unto the third and fourth generation of them that hate Me: and showing mercy unto thousands of them that love Me and keep My commandments.
- III. Thou shalt not take the Name of the Lord thy God in vain; for the Lord will not hold him guiltless that taketh His Name in vain.
- IV. Remember the Sabbath day, to keep it holy. Six days shalt thou labour, and do all thy work: but the seventh day is the Sabbath of the Lord thy God: in it thou shalt not do any work, thou, nor thy son, nor thy daughter, thy manservant, nor thy maidservant, nor thy cattle, nor thy stranger that is within thy gates: for in six days the Lord made heaven and earth, the sea, and all that in them is, and rested the seventh day: wherefore the Lord blessed the Sabbath day, and hallowed it.
- V. Honor thy father and thy mother: that thy days may be long upon the land which the Lord thy God giveth thee.
- VI. Thou shalt not kill.
- VII. Thou shalt not commit adultery.
- VIII. Thou shalt not steal.
- IX. Thou shalt not bear false witness against thy neighbor.
- X. Thou shalt not covet thy neighbour's house, thou shalt not covet thy neighbour's wife, nor his manservant, nor his maidservant, nor his ox, nor his ass, nor anything that is thy neighbour's.



### The Secret of Bible Study

Study IT through—Never begin a day without reading and understanding one of the questions of the next Sabbath's Lesson.

Pray about IT-Never leave your Bible until the text you have read and studied is apart of your very being.

Write IT down-The thoughts that God gives you put it on your margin or in a note book, etc. Refer to this when having the review or the study of the lesson in Sabbath school.

Work IT out—Live the truth you receive through out the rest of the day and think about it as you go to sleep.

Pass IT on—Seek to tell somebody, your family, neighbour or friend, what you have learned and perhaps your listener will start to do the same thing as you. Surely soon after you will have the beginnings of a Sabbath school.

## IN THIS QUARTERLY

"Thy word is a lamp unto my feet, and a light unto my path" (Psalm 119: 105). The Bible *is* the Word of God. The Bible not only *contains* the Word of God, but it is the Word of God. Saying it *contains* the Word of God implies that only parts of it are inspired. *Every* part of the Bible is inspired. "All scripture is given by inspiration of God, and is profitable for doctrine, for reproof, for correction, for instruction in righteousness" (Il Timothy 3:16).

In this quarterly, we study some vital subjects which are found in God's inspired Word-the Bible.

# LESSON FOR SABBATH, SEPTEMBER 29, 2012

### TO BE IMPARTIAL

Scripture Reading: James 2:1-19. Golden Text: Romans 2:11.

1. What are we told in Proverbs 28:21?

NOTE: This means favouritism and partiality.

- 2. What is said by James in James 2:1-4?
- 3. What does Paul say in 1 Timothy 5:21?
- 4. Is the wisdom from above partial? James 3:17.
- 5. How should one esteem others? Philippians 2:3-5.
- 6. Is humility a trait that is needed to be impartial? 1 Peter 5:5-6.
- 7. How will the Lord show favouritism? Romans 2:6-13; Acts 10:34.
- 8. What does David say in Psalm 40:4?
- 9. How can one obtain partiality? Psalm 119:6-15.
- 10. Is it easy to be impartial? Matthew 5:43-48.

## LESSON FOR SABBATH, SEPTEMBER 22, 2012

### LET US BE STEDFAST

Scripture Reading: Hebrews 3:1-14. Golden Text: 1 Corinthians 15:58.

- 1. How does one start to be steadfast? Acts 2:42.
- 2. What else must be done? Hebrews 11:6; Hebrews 12:13-15
- 3. What does Psalm 119:1-4 tell us?
- 4. What does Joshua say in Joshua 22:5?
- 5. Does one need to be stable? James 1:5-8; 1 Timothy 2:8.
- 6. How does Paul state this in Hebrews 10:22-25?
- 7. In what should one be steadfast? 2 Thessalonians 2:15.
- 8. How is this accomplished? 2 Timothy 2:15-16; Titus 1:9-10.
- 9. What is another thing to remember? Psalm 37:34; 1 Corinthians 15:58.
- 10. Is discipline needed? Hebrews 12:1-2.

## LESSON FOR SABBATH, JULY 7, 2012

### FIGHTING AGAINST DISCOURAGEMENT

Scripture Reading: Psalm 73. Golden Text: Joshua 1:9.

- 1. What may cause discouragement? Psalm 73:3,7.
- 2. Are there other things that cause this? Proverbs 10:12; 13:10.
- 3. What are we told to do to help us overcome discouragement in 1 Timothy 6:4-5?
- 4. How does Paul say he handles discouragement? 2 Corinthians 12:7-10.
- 5. What else helps us to overcome discouragement? Philippians 3:12-14; Hebrews 6:1.
- 6. What suggestions does Psalm 37:1-8 give us to work on?
- 7. What other things are to be avoided? Titus 3:9; 1 Timothy 1:4.
- 8. What should one always remember? Psalm 23:4; Isaiah 41:10.
- 9. What will God do if we trust in him? Philippians 4:19; 2 Corinthians 9:8.
- 10. What should we put on to overcome discouragement? Romans 13:13-14.

## LESSON FOR SABBATH, JULY 14, 2012

### STRIVING FOR OR SEEKING AFTER

Scripture Reading: Psalm 34. Golden Text: Proverbs 15:14.

- 1. What must one believe first? Hebrews 11:6.
- 2. What may be the next thing one should seek? Psalm 34:14; 1 Peter 3:10-11.
- 3. What does Colossians 3:1-2 tell us to do?
- 4. What does the ear of the wise do? Proverbs 18:15.
- 5. How does Paul say this in Ephesians 1:15-19?
- 6. How is this said by Jesus? Matthew 7:7-8.
- 7. Can anyone rest and relax in their striving? Hebrews 12:14-17.
- 8. When one seeks after the truth should he be careful? Titus 3:8-9.
- 9. Will all that seek be acceptable? Luke 13:24-25.
- 10. What is a final reason for seeking? 1 Corinthians 14:12.

### LESSON FOR SABBATH, SEPTEMBER 15, 2012

### **TRIBULATIONS**

Scripture Reading: 2 Thessalonians 1.

Golden Text: Romans 12:12.

- 1. What does Jesus say about tribulation? John 16:33; Matthew 13:20-21.
- 2. In what does Paul say we should glory? Romans 5:1-3.
- 3. Who gives comfort in our tribulation? 2 Corinthians 1:3-4; 2 Thessalonians 2:15-16.
- 4. As a child of God what can we expect? Acts 14:22; 2 Timothy 2:9-12.
- 5. How many shall suffer persecution? 2 Timothy 3:12.
- 6. In what are we told to rejoice? Romans 12:12.
- 7. Should one be upset over tribulations? John 16:33.
- 8. Why was Job submitted to tribulation? Job 1:7-12.
- 9. What are we told in Revelation 7:13-15?
- 10. What does Jesus say in Matthew 24:13?

### LESSON FOR SABBATH, SEPTEMBER 8, 2012

### **INTEGRITY**

Scripture Reading: Proverbs 20. Golden Text: Psalm 25:21.

- 1. To have a good moral standard remember 2 Corinthians 3:3-5.
- 2. What is said about lying? Colossians 3:9-10; 1 John 2:4.
- 3. If one has integrity what does he not have? Proverbs 6:16-19.
- 4. What must one strive to do? Ephesians 4:25-32.
- 5. What was Israel told in Leviticus 19:11-18?
- 6. Of what else does the Lord disapprove? Proverbs 20:10.
- 7. What are we told in Proverbs 28:18 and Proverbs 10:9?
- 8. What were Job's thoughts about integrity in Job 27:1-6?
- 9. What is said by David in Psalm 25:20-21?
- 10. What is the promise to those who maintain their integrity? Revelation 2:7.

### LESSON FOR SABBATH, JULY 21, 2012

### AWAKE AND WATCH

Scripture Reading: Ephesians 5:1-20. Golden Text: Romans 13:11.

- 1. What does Paul ask to be done in 1 Corinthians 15:34?
- 2. What does he say in 1 Corinthians 16:13-14?
- 3. Does Jesus tell us to watch? Luke 21:34-36; Matthew 25:13.
- 4. What must be done so that one can watch? Romans 13:11-14.
- 5. How does Paul say this in 1 Thessalonians 5:5-6?
- 6. How many things is one to watch? 2 Timothy 4:5.
- 7. Why must we always be watchful? Revelation 16:15; 1 Thessalonians 5:2 -4.
- 8. If we are awake and watch, what will it help us to do? 1 Peter 3:15; Colossians 4:6.
- 9. What are we told to know? Luke 12:39-40.
- 10. What is meant by Ephesians 5:14-15; Colossians 3:1; Romans 6:4; Ephesians 2:1-6?
- 11. What was the church at Sardis told? Revelation 3:3.

### LESSON FOR SABBATH, JULY 28, 2012

### SHOULD WE FOLLOW HIS STEPS?

Scripture Reading: 1 Peter 2. Golden Text: 1 Peter 2:21.

- 1. Do we have an example of Baptism? Mark 1:9-10; Romans 6:4.
- 2. What does James 1:26 tell us about the use of our tongue?
- 3. Are we to obey the law of the land? Mark 12:17.
- 4. Did Jesus give us an example of prayer? Luke 6:12; Matthew 6:9-13.
- 5. What does Paul tell Timothy in 1 Timothy 4:12-16?
- 6. Whose steps should be followed? 1 Peter 2:21.
- 7. To what degree should we try to be like Him? 1 Peter 2:22-23.
- 8. What other example did Jesus give? Matthew 26:26-29; John 13:12-15.
- 9. What does Jesus tell us in Matthew 10:38 and John 8:12?
- 10. What are we told to do in 1 Corinthians 10:1-12?

### LESSON FOR SABBATH, SEPTEMBER 1, 2012

### **BEWARE AND BE CAREFUL**

Scripture Reading: 2 Peter 3. Golden Text: Colossians 2:8.

- 1. What happened to Israel, and could it happen to any of us? Judges 3:7; Psalm 106:13-14; Hebrews 3:12.
- 2. Should we beware of evil workers? Philippians 3:2-3.
- 3. What may happen if we are not careful? 2 Peter 3:17; Ephesians 4:14.
- 4. What helps us to be careful? Philippians 4:6; Proverbs 16:1
- 5. What does Paul tell Titus in Titus 3:8?
- 6. What are we told in Colossians 2:8?
- 7. Should one beware of unbelief? 2 Corinthians 6:14-16.
- 8. What does Romans 12:14-16 say about our thoughts?
- 9. What does Jesus tell us in Matthew 7:13-16?
- 10. What does Hebrews 12:14-17 tell us to do?

## LESSON FOR SABBATH, AUGUST 25, 2012

### **GUARDING OUR CONVERSATION**

Scripture Reading: James 3. Golden Text: Psalm 34:13.

NOTE: Conversation is not only our talk but also our manner of living.

1. Is it difficult to control our tongue? James 3:8-10.

2. If we have control over our tongue, what do we become? James 3:2.

3. By what are we justified or condemned? Matthew 12:34-37.

4. What are we told in Psalm 50:23?

5. Should covetousness be part of our conversation? Hebrews 13:5.

6. How should all manner of our conversation be? 1 Peter 1:14-16.

7. What is written in Proverbs 15:1-4?

8. What should be shunned? 2 Timothy 2:16; Titus 1:14.

9. How large is our tongue? James 3:5-6.

10. What must we continue to remember? 2 Peter 3:10-11.

### LESSON FOR SABBATH, AUGUST 4, 2012

### THE WAY TO ETERNAL LIFE

Scripture Reading: Isaiah 40:1-11. Golden Text: Matthew 7:14.

1. What is said about the way that leads to destruction? Matthew 7:13.

2. What do we know, and what lies in sin? 1 John 5:19.

3. What will discretion and understanding do? Proverbs 2:12-15.

4. Is the way to eternal life narrow? Matthew 7:14.

5. How many will enter in at the strait gate? Luke 13:24.

6. Can riches hinder us from walking the narrow way? Matthew 19:23-24.

7. What are we told in Proverbs 4:14-19, 26-27?

8. Do we need Jesus in order to walk the narrow way? Matthew 11:28-30.

9. For what may one pray? Psalm 25:1-5.

10. What must we always remember? Hebrews 3:7-14.

### LESSON FOR SABBATH, AUGUST 11, 2012

#### THINGS WRITTEN IN THE SCRIPTURES

Scripture Reading: 2 Timothy 3. Golden Text: 2 Timothy 3:16.

- 1. What does Paul say was written for our admonition? 1 Corinthians 10:6-11; Romans 15:4.
- 2. What does Paul say about how many righteous people there are? Romans 3:9-10; Galatians 3:22.
- 3. What is said of Abraham in Romans 4:16-17 and Genesis 22:15-18?
- 4. What is written about wisdom in 1 Corinthians 1:19-21 and Isaiah 29:14-15?
- 5. What is written in Matthew 4:4 that is also found in Deuteronomy 8:3?
- 6. What is written in Deuteronomy 6:16, and what did Jesus say in Matthew 4:7?
- 7. How many Heavenly Fathers are there in the Old and New Testaments? Ephesians 4:5-6; Psalm 83:18.
- 8. What is said about the just? Romans 2:13; Habakkuk 2:4.
- 9. What is written about being holy? Leviticus 11:44; 1 Peter 2:15-16.
- 10. Why is the Old Testament just as important as the New Testament? 2 Timothy 3:16; John 5:39; Acts 17:11.

# LESSON FOR SABBATH, AUGUST 18, 2012

### **IS UNITY NECESSARY?**

Scripture Reading: 1 Corinthians 12. Golden Text: 1 Corinthians 1:10.

- 1. What must God's children strive to do? Ephesians 4:1-3.
- 2. Why is this necessary? Ephesians 4:4-6.
- 3. Even though there are many members, how many bodies are there? Romans 12:4-5.
- 4. Were the disciples in unity at the day of Pentecost? Acts 2:1; Acts 1:14.
- 5. Did Jesus say anything about being like-minded? John 14:11; John 17:21-22.
- 6. What did Paul tell the Corinthians in 1 Corinthians 1:10?
- 7. What is said in Amos 3:3?
- 8. What needs to be done to have unity? Matthew 7:21-23?
- 9. What does Paul say in Philippians 1:27?
- 10. How may this be accomplished? Philippians 2:1-8.
- 11. How is this said in 1 Peter 3:8-11?